



Plus Size Model Shocks the World Posing Nude on CBS

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In the last 20 years, fashion models have gone from a size 8 to a size 0 for runway models. Within the same time period, the average American woman has gone from a size 10 to a size 14.

PR9.NET May 19, 2008 - Los Angeles, California - She shocked the modeling world this week by posing totally nude on TV for all to see on CBS' The Insider, weighing in at a whopping 169 pounds.

Plus size model (<http://www.nancyhayssen.com>) Nancy Hayssen proves once again, in an industry dominated by anorexic and bulimic models that you can be sexy at ANY size by taking part in this controversial ad campaign.

In the stir of the recent disturbing anti-anorexia billboard by No-Lita fashion company of anorexic French model Isabelle Caro with a weight of only 60 pounds, the question has been raised again during Fashion Week: are models too thin?

The fashion industry's continued move towards skinnier and skinnier models has come under fire from several sources, mainly because of the negative influence it has had over young women and the rise of anorexia and bulimia.

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TV Shows like "The Insider" and "Entertainment Tonight" are now getting involved in reversing the skinny ideal along with spokespeople, like Nancy Hayssen, a beautiful plus size model (<http://www.nancyhayssen.com>), by speaking out to women everywhere to recognize beauty in women no matter what their size.

Calling her "Plus Size Perfect" and "Full Figured Fabulous" the media is taking a new look at how beauty is defined. With the constant message in the media that women can only be beautiful if they are skinny to the bone Nancy became determined to prove otherwise.

Coined as the "next Anna Nicole Smith", Nancy proudly says, "I've always been happy and confident of my voluptuous body. I believe 'sexiness' and beauty is a state of mind."

There are over 8 million people in this country who are anorexic, bulimic or have eating disorders. Most of them are young women. "The fashion industry and Hollywood have spread the MYTH that to be thin is in. The truth is—a woman can be beautiful at any shape or size. Hollywood is finally realizing this and spreading a new message: it's okay to accept yourself just the way you are," says Nancy Hayssen author of "You Can Be Sexy at ANY Size!"

The average American woman is 5'4" and wears a size 14 which is considered "plus size"(<http://www.nancyhayssen.com>). This also happens to be roughly the size Marilyn Monroe, considered one of the most beautiful women celebrities of our time would have been today.

"So many people write to me saying their husbands and boyfriends tell them they love them just the way they are but the women are the ones that feel down and beat themselves up feeling 'not good enough' – the media has been conditioning women for so long to make us feel there is something wrong with us if we are not super skinny."

Nancy now speaks out letting the public know what the "real skinny" is. "Women need to embrace and love the bodies they are in. Yes, you are perfect. You are good enough. Love and accept yourself just the way you are."

"In so many other cultures the feminine body is appreciated and adored. Only in the US has this distorted image of reality taken place through images seen in the media. Fortunately, this is all dramatically changing now."

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About nancyhayssen.com

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