



NEW Association focuses on special challengers of memoir writers - National Association of Memoir Writers Prepares to Launch Web Site

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PR9.NET March 19, 2008 - USA BERKELEY, CA – Memoir writers around the globe have a new resource. The National Association of Memoir Writers (NAMW) is opening its virtual doors soon and preparing to launch a new Web site geared toward the special challenges memoir writers face. The expected launch date is May 1, 2008. The goal of the Association is to offer support, education and inspiration to memoir writers all over the world.

A memoir is a story about a significant moment in your life told from a mature, reflective standpoint. It can be about a person, place or thing that is important to you and has grown in popularity over recent years. Research in the Journal of the American Medicine Association published in 1999 showed that writing stories is even more healing than journaling, helping to heal asthma, arthritis and chronic fatigue syndrome.

"Many memoir writers want to be published and share their unique stories with the larger world; for others, the goal is to write a memoir to heal the past and publication is not a goal," says Linda Joy Myers, founder and president. "Still others want to use the memoir as a means of self-exploration or to leave a legacy for the family."

Whatever your goal, memoir writing requires skill, attention, courage, and - most importantly - a sense of connection with other memoir writers. "Writing a memoir is a very personal experience," says Myers. "In the process of writing, we review our life – who we are, what roles we played in our family and with friends, and often times expose ourselves deeply on the page. It sometimes means confronting very real psychological issues and emotional challenges."

Memoirists often want to leave a legacy, write a healing story, or create a family memoir. Spiritual, travel, and humorous memoirs are valuable voices in the memoir community. "We offer many membership benefits that help a memoir writer to write a successful, publishable book," says Myers.

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About Memories and Memoirs

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