



Contact Lenses No Longer High-Maintenance

278169, October 07, 2007

URL: <http://www.pr9.net/health/resources/6494october.html>

Contact lenses have helped millions of consumers worldwide over the years but there are still millions of people who have not made the switch and are still sticking to their spectacles. Switching to contact lenses provides plenty of advantages and the good news is contact lenses are no longer as high maintenance as they used to be.

PR9.NET October 07, 2007 - Boston, USA - Contact lenses offer a wider range of view and also do not interfere with outdoor activities. They also do a great deal in changing and improving one's look by opening up the face and not hiding it under the frames of the eyeglasses.

Gone are the days when contact lenses required constant care and maintenance that made wearing them not worth all the trouble at all. Developments in the eye care industry and in contact lenses have resulted in improved lenses that do not cause harm when properly used and do not require tedious maintenance. The new types of lenses no longer require nightly disinfecting and weekly cleanings. There are plenty of lenses that you can wear for long periods. You can even wear them in your sleep without damaging your eyes. These extended lenses are perfect for overnight trips when you don't want to be lugging your cleaning solutions and materials around but prefer to go about your trip with very little hassle. They are also perfect for those who work overtime or who work 12-hour shifts such as medical professionals.

Disposable lenses are also available for daily use. You can get rid of these lenses at the end of each day making them very hygienic although they will cause you a good amount of money in the long run. Disposable contacts are practical if you only plan to use them sparingly, like to change your look for socializing and other activities.

Contact lenses can be worn for more than 12 hours each day. Just make sure you give your eyes a break and if possible leave a day of the week when you will allow your eyes to rest and not use contacts. Even people with dry eyes can use contact lenses up to 4 days a week.

The very first contact lenses were hard lenses that were not flexible and did not allow oxygen to get through the film. The new lenses are made of soft, permeable material that allowed oxygen to get through. The new lenses made of gas permeable material, still come in soft and hard varieties. The soft types are generally more comfortable than hard lenses but there are also situations where hard lenses are required. The 'hard' ones called as such because they are rigid are used to correct corneal astigmatism. <http://www.lensrate.com>

There are also some lenses available that can correct a person's problematic eyesight and cure problems such as cataracts. These can very well be one of the best benefits of getting contact lenses.

The new lenses made of silicone are more flexible and respond to the eye muscles better. The new lenses are multi-focused and respond to the eyes when you move your eyeballs to focus on something.

The optician will be able to help you choose the correct type of contact lenses for you.

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About 278169

Contact Lens Reviews and Discounts

Website: <http://www.lensrate.com>