



Breakthrough Basketball Founders release New Free eBook featuring 32 of the Best Basketball Plays

winningbasketballplays.com, May 24, 2007

URL: <http://www.pr9.net/sports/basketball/5609may.html>

Complete with step-by-step diagrams and detailed instructions, the 85-page Winning Basketball Plays is designed to help teams score more points and win games.

PR9.NET May 24, 2007 - Marion, IA: Basketball coaches worldwide face the challenge of instilling the different plays and tactics that will prepare their teams for greater on-court success. Winning Basketball Plays, available for free download at <http://www.winningbasketballplays.com>, provides a solution to this challenge with a collection of 32 of the best basketball plays found anywhere. Each of these popular plays is covered in-depth, complete with step-by-step diagrams and easy-to-follow instructions, in the 85-page e-book.

Written by Jeff & Joe Haefner, founders of BreakthroughBasketball.com, Winning Basketball Plays is a product of their immense passion for the sport, tactical acumen and a deep understanding of the needs of basketball coaches. Jeff & Joe have a combined experience of 30 years coaching basketball teams at various levels.

The e-book covers the following plays:

- 8 Man to Man Plays
- 8 Zone Plays that work against even and odd front zones
- 8 different inbound plays that work against zone and man defenses
- 8 End of Game Plays for half and full court situations
- A variety of simple plays that work for youth teams

Besides the free e-book, visitors to the website can also sign up for the free monthly email newsletter, Breakthrough Basketball. Each newsletter is an assortment of proven basketball plays, new coaching drills, scoring tips, conditioning secrets, motivational nuggets, how-to strategies on improving defense or lowering turnovers and useful articles on running an effective coaching program.

"Just as working out a detailed plan that acts as a blueprint for execution is vital to the success of a business, getting a basketball team in sync with various on-court play strategies is essential to create winning teams," says co-author Jeff Haefner, who likens basketball coaching to running a business. "We hope this compilation of 32 of our favorite basketball plays will serve coaches as a handy reference and training guide."

About Breakthrough Basketball, Winning Basketball Plays & Winning Basketball Drills

BreakthroughBasketball.com was founded by brothers and basketball coaches Jeff and Joe Haefner. Their mission is to provide basketball coaches, players, and fans quality information about the sport that they love.

Winning Basketball Plays is an in-depth compilation of 32 of the best basketball plays, both defense and offense plays, designed to help coaches prepare their charges for on-court success. It is the second basketball coaching e-book written by Jeff and Joe Haefner, after Winning Basketball Drills, a 135-page book featuring 70 basketball drills. The book is written to help coaches keep players motivated and working hard at improving their skills. A free copy of this book is available for download at <http://www.winningdrills.com>.

For additional information, visit <http://www.winningbasketballplays.com>, <http://www.winningdrills.com>, <http://www.breakthroughbasketball.com> or contact Jeff and Joe at 319-360-0314.

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