



Free Teleseminar Helps Lawyers Define and Move Towards Work/Life Balance, Rejuvenate their Careers

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On Tuesday, January 9 at 3 p.m. Eastern (noon Pacific), lawyers can participate in XE Factor: Cultivating WorkLife Synergy, a free teleseminar presented by lawyer and work/life balance expert Arnie Herz. The program is sponsored by Legal Research & Writing Pro, a new venture that guides lawyers in starting and running successful legal research & writing practices. To register for the teleseminar, visit www.LegalResearchandWritingPro.com.

PR9.NET December 20, 2006 - Ardsley, New York - On Tuesday, January 9 at 3 p.m. Eastern (noon Pacific), lawyers can participate in XE Factor: Cultivating WorkLife Synergy, a free teleseminar presented by lawyer and work/life balance expert Arnie Herz. The program is sponsored by Legal Research & Writing Pro, a new venture that guides lawyers in starting and running successful legal research & writing practices.

It is widely reported that many lawyers are not as happy in their careers and lives as they would like to be. Using the XE Factor—a formula for optimizing personal energy stores—as a reference point, this program will guide lawyers through an honest appraisal of their current professional situation and onto realistic pathways for building the career they want and deserve.

Participants in this hour-long program will explore activities, interaction and exercises to learn:

- how to candidly assess their energy states and where they are now in their professional lives
- the bigger picture of discontent in today's legal profession
- heartening news about what is being done right now to change the profession's status quo
- how to craft a vision of the career they want and the steps needed to make that vision a reality
- how to create a practical and useable action plan to reenergize their work lives and more

The program is designed for lawyers looking to avoid career burnout and discontent and to honor their professional values and vision. Law firm leaders who want to serve as trusted advisors to lawyers facing career disengagement and dissatisfaction or seeking to better align life in and outside of the law will also find this program to be valuable.

"Arnie Herz has presented his WorkLife Synergy program live to thousands of lawyers, but so many more who can't attend a session in person will benefit from Arnie's insights" says Lisa Solomon, founder of Legal Research & Writing Pro. "That's why LRWP is pleased to make this program available at no cost to lawyers across the country."

Herz encourages lawyers to participate in the teleseminar: "If you're not thrilled with your career and life, you owe it to yourself to start moving in the right direction. This program will help you move decisively towards greater fulfillment and happiness."

To register for the teleseminar, visit www.LegalResearchandWritingPro.com. Lawyers who can't attend the live program can register to receive a free recording of the program at www.LegalResearchandWritingPro.com/synergyrecording.html.

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About Legal Research & Writing Pro

Legal Research & Writing Pro helps lawyers start and run successful legal research and writing practices by presenting information and programs in a variety of formats, including manuals, teleseminars, webinars, group and one-on-one coaching, and live bootcamps.

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