



Bottled Water Helps People Who Suffer From Hangover, and Is a Great Accompaniment to Fine Dining

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Green Room's New AquaBar Navigates Savvy Consumers To Premium Waters and Natural Beverages That Combat Hangover and Other Ailments. AquaBar's Mission is to Make Bottled Water and Natural Drinks Your Friend.

PR9.NET December 09, 2005 - Los Angeles - Apart from sheer overindulgence, the primary cause of a hangover is dehydration. Alcohols and the sugars they contain deplete fluids from the body and the brain – a key reason for headaches, dry mouth, upset stomachs and overall malaise. People are on the go and staying hydrated is a growing concern for active people and small children. "Water performs a lot of services": it gets you re-hydrated, flushes out your system and helps you metabolize faster. The simplest solution for dehydration is water! Start by drinking water when you wake up in the morning, before heading out to party, and then drink as much bottled water as you can during the entire day and night. Any water would do, but making an intelligent decision and enjoying the process is just being a smart consumer. Plus it's much more fun to have a selection of premium brands to choose from. You'll consume more water when your choices are premium quality in great package!

Discriminating water drinkers are learning that, like wine, the right fine bottled water enhances dining experiences – from gourmet cuisine to your favorite delicacy. If you're the host of a party you should provide your guests with a selection of at least three different waters. Your guests will appreciate the variety and remember your exquisite taste.

In general, the water needs to be matched with the food; fine water is just like wine. It is important to pay attention to the presentation as well as the type of meal you will be preparing. Presentable glass bottles and the appropriate stemware are as much a necessity as the meal itself. Red Wine would match best with a Still water. If you only drink wine, you have to make sure the temperature of the water is not lower than the temperature of the wine. White Wine is usually served slightly chilled and matches best with a water that has gentle bubbles or carbonation. Proper hydration can drastically reduce the hangover effect and great for your complexion and overall health.

You can find premium waters and natural fruit drinks at Green Room's new AquaBar. All products are 100% natural and are delivered by the case, for the full benefit and experience of each brand. The selection process is based on health benefit, taste, value and aesthetics—always an important factor for Green Room's clientele. The company weeds through mediocre products and only selects those which meet their high standards for authentic quality and cool packaging. Founders, Mina Eghbal and Jason Boardé, are firm believers in replenishing our bodies with the finest natural liquids on a daily basis and boosting our energies with elixirs made from natural minerals, herbs and fruits. AquaBar makes shopping for premium brands easy and extremely convenient. Savvy consumers can now order their favorite beverages online and have them delivered directly to their home and office. To learn more about the company and its products, please visit AquaBar at <http://www.greenroom.ws/aqua-bar.htm>

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About Green room

Green Room is a unique concept in online shopping. Based in Los Angeles, Co-Founders Mina Eghbal and Jason Boardé developed Green Room as an advocate for creative commerce and philanthropy. It is an intimate space combining quality shopping, editorials and interesting bits of information about the products themselves. We take pleasure in researching and selecting objects of beauty and function marked with creativity and integrity.

The company donates a portion of its annual revenue to select charitable causes. The Green Room Website is continually updated with new objects and content for your pleasure.

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