



Eldercare Caregiving Training Provided by A Good Daughter

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Training for Eldercare Provided by A Good Daughter

PR9.NET August 08, 2005 - Olga Brunner, founder of A Good Daughter, Inc., (www.agooddaughter.com), based in Margate, FL, has assembled a team of eldercare experts including Mary Lynne Beringer, R.N., who received her CDP (Certification as a Dementia Professional) this month.

Beringer and Brunner recently presented to a group of seniors at the N.W. Focal Point Senior Center in Margate, Florida. The presentation focused on home Skills for Caregivers, hurricane preparedness, caring for the caregiver, and heat safety tips for seniors. They also introduced the "Vials of Life" kit. Each senior who attended received a kit.

The organization goes into a home and completes a needs assessment; next they put in the services needed so that seniors can live at home independently versus entering a long term care facility. But in the event that a family feels this type of placement is warranted, A Good Daughter staff conducts facility visits and help families select an appropriate placement for a parent or spouse."

Additional services include going to doctor's appointments and monitoring medications and supervising in-home help. Brunner suggested, "We are surrogate daughters doing what sons and daughters would do for their parents if they were living in-town, or had the time and free away from other professional and family obligations."

Brunner originally moved from California to Florida to care for her aging mother with Alzheimer's disease. Having been affected by the daunting task of being a caregiver while employed, she became determined to start a business which would help other caregivers navigate the troubled waters of elder care. Brunner became a care manager who brings a personal awareness of the needs of close or long distance caregivers and their loved ones.

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About TR Cutler, Inc.

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