



Mary Lynne Beringer Certified Dementia Professional Adds to A Good Daughter Eldercare Team

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Certified Dementia Professional Adds Expertise to Eldercare Team

PR9.NET August 07, 2005 - According to Olga Brunner, founder of A Good Daughter, Inc., (www.agooddaughter.com), based in Margate, FL, has assembled a team of eldercare experts that allow for a unique understanding what adult children are facing in coping with their elderly parents declining health and well-being, particularly those suffering from Alzheimer's disease.

Carol Caughran, the firm's counselor/therapist is a specialist in Lewy-Body form of dementia, currently serves on the board of the National Association. Mary Lynne Beringer is receiving her CDP (Certification as a Dementia Professional) this month. Ms. Brunner is receiving the federal and state license as Nursing Home Administrator this month. In September, Brunner begins guardianship training and will be working with the local elder law attorneys. All three healthcare professional have completed the required Alzheimer's Association training approved by the Florida Department of Elder Affairs.

The organization goes into a home and completes a needs assessment; next they put in the services needed so that seniors can live at home independently versus entering a long term care facility. But in the event that a family feels this type of placement is warranted, A Good Daughter staff conducts facility visits and help families select an appropriate placement for a parent or spouse."

Additional services include going to doctor's appointments and monitoring medications and supervising in-home help. Brunner suggested, "We are surrogate daughters doing what sons and daughters would do for their parents if they were living in-town, or had the time and free away from other professional and family obligations."

A Good Daughter based in Margate, Florida, was founded based on Brunner's own experience. Brunner originally moved from California to Florida to care for her aging mother with Alzheimer's disease. Having been affected by the daunting task of being a caregiver while employed, she became determined to start a business which would help other caregivers navigate the troubled waters of elder care. Brunner became a care manager who brings a personal awareness of the needs of close or long distance caregivers and their loved ones.

A Good Daughter
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