



# Broward Families Find Help Taking Care of Elderly Parents

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*Families in Broward County Find Help Taking Care of Elderly Parents*

PR9.NET August 04, 2005 - According to Olga Brunner, founder of A Good Daughter, Inc., ([www.agooddaughter.com](http://www.agooddaughter.com)) there are so many concerns as people trying to juggle work and the needs of elderly family members. "Many caregivers simply cannot maintain the workload and provide the daily, sometimes hourly needs, of elderly parents and family members. We developed a strong elder care program to provide a wide variety of solutions."

Brunner made it clear, "Our organization goes into a home and completes a needs assessment; next we put in the services needed so that seniors can live at home independently versus entering a long term care facility. But in the event that a family feels this type of placement is warranted, A Good Daughter staff conducts facility visits and help families select an appropriate placement for a parent or spouse."

Additional services include going to doctor's appointments and monitoring medications and supervising in-home help. Brunner suggested, "We are surrogate daughters doing what sons and daughters would do for their parents if they were living in-town, or had the time and free away from other professional and family obligations."

Often as an added precaution clients are provided life-alert systems; grab-bars and safety features are installed in their homes; supervised activities that add greatly to their quality of life is also provided. We collaborate with home health agencies to get the best trained home health aids to assist them with their activities of daily living.

A Good Daughter based in Margate, Florida, was founded based on Brunner's own experience. Brunner originally moved from California to Florida to care for her aging mother with Alzheimer's disease. Having been affected by the daunting task of being a caregiver while employed, she became determined to start a business which would help other caregivers navigate the troubled waters of elder care. Brunner became a care manager who brings a personal awareness of the needs of close or long distance caregivers and their loved ones.

A Good Daughter  
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## **About TR Cutler, Inc.**

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