



# "DISCOVERING YOUR LIFE PURPOSE" TELESEMINAR AND ONLINE COURSE NOW AVAILABLE

Melanie Votaw, August 19, 2004

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*Transformational Counselor Melanie Votaw has launched a new online course, "Discovering Your Life Purpose: Living the Life You Were Born to Live" for SelfHealingExpressions.com and will introduce the course with a Life Purpose Teleseminar on September 29, 2004 at 8:00 p.m. Eastern Time.*

PR9.NET August 19, 2004 - "We are all 'on purpose,' and each of us has come into this life to do something no one else can do," Transformational Counselor Melanie Votaw said today. To help people find their purpose in life, she has created the "Discovering Your Life Purpose: Living the Life You Were Born To Live" course online at SelfHealingExpressions.com. The course is an offshoot of her former New York Learning Annex seminar, also titled "Discovering Your Life Purpose." To introduce new students to the course, she will hold a Life Purpose Teleseminar on September 29, 2004 from 8:00 p.m. to 9:00 p.m. Eastern Time to discuss the pursuit of meaningful work.

"I received many emails from people disappointed they were unable to take my seminar because they lived outside New York," Ms. Votaw said. "It just made sense to make the information and exercises more accessible, and the teleseminar and online course format is more interactive than a book."

The teleseminar, which costs only \$5.00 U.S., and the course, which costs only \$16.95 U.S., are both open to anyone who wishes to explore the soul's purpose, true vocation, and following your bliss. The course consists of 17 intensive lessons which include interactive exercises and meditations. SelfHealingExpressions.com has also provided a discussion forum for students to discuss their progress with Ms. Votaw and other students from around the world.

Information about Ms. Votaw and the Life Purpose Teleseminar can be found at <http://www.MelanieVotaw.com>. The "Discovering Your Life Purpose" course can be found at <http://www.SelfHealingExpressions.com>. Ms. Votaw's accompanying "Discovering Your Life Purpose" meditation CD can be purchased at [www.TowerRecords.com](http://www.TowerRecords.com), [www.CDBaby.com](http://www.CDBaby.com), [www.Byregion.net](http://www.Byregion.net), and [www.MelanieVotaw.com](http://www.MelanieVotaw.com) (along with her other lecture/meditation CD entitled, "The Creative Impulse.")

Certified by Dick Sutphen in 1988, Ms. Votaw is a Hypnotherapist, Transformational Counselor and Teacher in private practice in New York City for the past 16 years. She has also taught her "Discovering Your Life Purpose" seminar in Los Angeles, San Francisco, and San Diego, as well as an ongoing course called "Creating the Life You Want" at the Source of Life Center in New York. She has appeared on the Sony Worldwide Radio Network and the Manhattan Neighborhood Network's television program, "Woman of the Week," and has lectured at several New Life Expos as well as for the Los Angeles Mensa Society.

Ms. Votaw is also the author of five non-fiction books on various subjects, a published poet and nature photographer, singer, actress, and dancer.

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## **About SelfHealingExpressions.com**

SelfHealingExpressions.com is a website containing many online courses in the Body/Mind/Spirit field.

## **About Melanie Votaw**

Melanie Votaw is a Hypnotherapist, Transformational Counselor, Teacher, Book Author, and Photographer in New York. She teaches online courses such as "Discovering Your Life Purpose" for SelfHealingExpressions.com, has appeared on Sony Worldwide Radio and the Woman of the Week program in New York and lectured for the Mensa Society and others. She is the author of five non-fiction books and hosts a website with articles, advice column, and other information on spirituality at <http://www.MelanieVotaw.com>.

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